

GREENVILLE NATURAL HISTORY ASSOCIATION

HIKE SCHEDULE – WINTER 2017

Issued Dec 8, 2016 - refer to Meetup for latest information prior to a hike

CLUB RULES

- Hikes leave promptly at the published START TIME
- Arrive 15 minutes early to form carpools.
- Each hiker is responsible for his or her own safety.
- Many hikes are limited to a maximum number of hikers, denoted by an “L.”
- Do not attempt any hike beyond your ability.
- Ask the leader to describe the hike.
- Consider any hike over eight miles as Strenuous.
- Wear an orange vest, Club T-Shirt, or hat during hunting season.
- Sign in before the hike with an emergency phone number.
- Notify leader of any injury or illness.
- Do not hike ahead of leader without specific permission.
- Offer driver gas money as noted in the hike description (“Drive RT” cost is \$0.08 per mile)
- Minors must be accompanied by a parent.
- Do not bring pets on hikes.

HIKERS WILL MEET AND FORM CARPOOLS AT UNIVERSITY SQUARE SHOPPING CENTER unless otherwise noted. This is the Publix shopping center on the west side of Poinsett Highway, two miles north of Cherrydale Mall and one mile south of Furman University. We form carpools next to McDonalds Restaurant. Many hike descriptions will instruct carpoolers to meet their hike leader at an alternate site or trail head. Return times are approximate. Always wear suitable clothing, sturdy footwear, bring water and a snack or lunch.

Officers

President: Jerry Miller 216.276.2278, grmohioeng@aol.com
VP: David Bennett 216.835.8493, bennettdm@gmail.com
Sec.: Lisa Britt 843.509.9605, ebritt@alumni.clemson.edu
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Board Members:

Bob Arnold	864.723.4363	Kelly Sprayberry	205.331.6707
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Graham Clinch	864.982.8227	Nancy Englisbe	864.360.2864
Paul MacGregor	864.993.3907	Larry Wagoner	864.631.5673
		Roger Walker	864.395.9027

Web Master: Andy Heman, 864.292.9118

Hike Reports: Send hike reports and pictures to Andy Heman: ajheman1@yahoo.com

GNHA Facebook Coordinator: Taylor Crouch, 770.377.6047

GNHA Email Coordinator: Cindy Wells, 864.430.7471, cwells5@charter.net

Meetup Organizer: Joe Hayden, 864.201.1521, joehayden@allstate.com

Asst. Meetup Organizers: Jerry Miller, Dave Bennett, Sim Wright, and Lance Renault

Annual dues are \$5.00 payable January 1. The membership directory is sent out annually. Your membership status is shown in the far right column of the directory under “Member Thru”. Dues are not pro-rated; but, if you join after October 1st, they will cover the following year. Payment on-line through the Club Website is preferred. If you choose to pay by mail, please make your check payable and mail it to:

Greenville Natural History Association
P.O. Box 26892
Greenville, S.C. 29616

GNHA is online at:

Meetup Site: www.meetup.com/GNHA-Hiking-Club

Club Website: www.greenvillehiking.com

Facebook Page: www.facebook.com/greenvillehiking

HIKE ABBREVIATIONS:

M: miles, **EG:** elevation gain, **Rating:** below; **Drive RT:** round trip miles, cost; **L:** limit of hikers

Hike Rating System		
Hike (miles)	Elevation Gain (feet)	Points
1	200	1
2	400	2
3	600	3
4	800	4
5	1000	5
6	1200	6
7	1400	7
8	1600	8
9	1800	9
10	2000	10
11	2200	11
12	2400	12

Hike Rating:

Add points from distance and elevation gain

- 0-4 = Easy (E)
- 5-8 = Moderate (M)
- 9-12 = Moderate/Strenuous (MS)
- 13-16 = Strenuous (S)
- 17-20 = Very Strenuous (VS)
- 21-30 = Very Very Strenuous (VVS)
- 30+ = Very Very Super Strenuous (VVSS)

Example:

M: 8 [Distance of hike: 8 miles = 8 points]

EG: 1000 [Elevation gain: 1000 feet = 5 points]

TOTAL = 13 Points

Rating = S [“Strenuous”]

All hikers are urged to RSVP to hike. GNHA Meetup.com is the preferred method over phone or email to hike leaders.

Hike Rating Distribution:

Day	E	M	MS	S	VS	VVS	VVVS	Total
Saturday	1	6	7	4	7	14	-	39
Sunday	2	10	12	2	2	1	-	29

Winter 2017 - Hike Leaders Index:

Arnold, Bob	3/18	MacGregor, Paul	1/21, 2/4, 3/11, 4/8, 4/22
Barger, Michelle	2/4, 4/1	Marsh, Ed	1/15, 1/21
Bennett, Dave	3/18, 3/19	Miller, Jerry	1/28, 4/23
Blake, Ron & Sharon	1/14, 3/11	Nixon, Anne	1/1, 4/9
Bolt, Terry	1/7, 2/11, 4/15	Parlier, Bev	1/7, 2/25, 3/4, 4/29
Britt, Lisa	2/5, 3/12	Peloquin, Angie	4/21
Brown, Elizabeth	1/1, 3/26, 4/2, 4/21	Ray, Larry	3/5
Bruns, Trudy	1/22, 3/26	Renault, Lance	3/4, 4/8
Cantor, Ineke	2/26	Root, Steve	1/29, 2/18
Ellsworth, Jerry	3/11, 4/8	Roper, Kathleen	1/8
Foster, Cathy Reas	4/1, 4/15	Shefchick, John	3/26
Garland, Wayne	1/29	Slougher, Anne	2/18, 2/25
Gibbs, Ursula	2/26	Sprayberry, Kelly	2/26, 4/30
Gregory, Mary S	4/29	Sullivan, Ann	1/21
Hayden, Joe	1/15, 3/5, 3/12, 4/21	Sullivan, Sulli	2/4, 3/25
Hamann, Dale	2/11	Summerell, Troy	2/12, 3/25
Keene, Warren	4/15	Taylor, Sue	4/30
Knutson, Pam	1/21	Wagoner, Larry	1/8, 2/12
LaRochelle, Barb	4/9	Wells, Cindy	1/1, 4/23
Legg, Joanna	4/15	Whitten, Dan	4/1
Leverett, Pam	3/26	Wright, Sim	1/28, 4/22
		Ziegler, Paula	2/19
		Zimmer, Jeff/Martine	1/14

SUNDAY, JAN 1 (NEW YEARS DAY)

NEW YEAR'S DAY HOBO STEW & HIKES - PARIS MOUNTAIN STATE PARK

Meet at Sulphur Springs Shelter #5. State Park admission fee required. Join your fellow hikers for a morning of hiking followed by a lunch social starting around 12:00 PM. If you don't want to hike, then come and eat.

HIKE 1: 9:00 AM - Fast Pace

Starting on Sulphur Springs Trail, hike to Fire Tower and North Lake trails and return via Pipsisewa and Kanuga trails.

M: 8, EG: 1230, Rating: S

Leader: Elizabeth Brown, 954.294.8838, libertb@aol.com

HIKE 2: 9:15 AM - Medium Pace

Starting on a steep climb up Sulphur Springs Trail and then trails to be determined by the leader for a hike of about six miles

M: 6, EG: 1000, Rating: MS

Leader: Anne Nixon, 864.242.1767

HIKE 3: 10:00 AM - Slower Pace

Shorter hike from the shelter over to and around Lake Placid and back.

M: 3, EG: 100, Rating: E

Leader: Cindy Wells, 864.430.7471, cwells5@charter.net

Hikers will return to the shelter around 12:00 noon for Hobo Stew. Bring a can of VEGETABLES for the stew and an extra non-perishable food item for the food pantry. This year our donated items will be given to St. Vincent de Paul Society where our own Dan Waslin is a volunteer.

Please bring a dessert or cornbread to share and don't forget to bring your own spoon. Cans will be used as bowls. Those who can, please bring a few logs for firewood. Tom Parlier, the Iron Chef of Rosman, is in charge of the stew. SEE YOU THERE!

Event Host: Jerry Miller, 216.276.2278

Chef: Tom Parlier, 828.883.9278

SATURDAY, JAN 7

FOOTHILLS - RIM OF EMORY GAP (SHORT VERSION), "AFTER THE FIRE"

START TIME: 8:30AM

Form carpools at University Square. Meet Hike Leader at Holly Springs Country Store SC 11 and US 178 at 9:00AM.

This hike starts south of the Palmetto Trail and continues to ascend to Emory Gap Toll Road then to Poplar Hollow Road where it turns onto Rock Mountain Road. We will stop for views of Pinnacle Mountain while on Rock Mountain then continue on the Foothills Trail past Hickorynut Mountain, Emory Gap and Marion Castle's Rock. The hike will leave the Foothills Trail at this point and take a steep ascent to the west escarpment of Pinnacle Mountain for views of Rock Mountain along with other popular mountains of North Carolina and Georgia as well as the rock face we visited earlier on the hike to Rock Mountain. We will descend to the Foothills Trail to complete the loop to the Palmetto Trail.

M: 12.7, EG: 3400, Rating: VVS, Drive RT: 50, \$4.00,

Pre-Hike Registration Required. Call hike leader before registering for hike.

Leader: Terry Bolt, Home: 864.225.0322, Cell: 864.934.1257

ASHEVILLE-RICHMOND HILL PARK

START TIME 10:00 AM

Form carpools at University Square Shopping Center. Meet Hike leader w at the Asheville Airport exit (off I-26) McDonalds (turn right after exit).

We will hike a series of trails in Richmond Hill Park, overlooking the French Broad River.

M: 5, EG: 500, Rating: M, Drive RT: 117, \$9.00

Hike Leader: Bev Parlier 828.883.9278

SUNDAY, JAN 8

KINGS CREEK FALLS/SPOONAUGER FALLS

START TIME 12:00 PM, RETURN TIME 5:00 PM

We will park at Burrells Ford Campground parking area. From there, we will hike to Kings Creek Falls and back. We will then move our cars (or hike) .3 mile to another parking area. From there, we will hike along the Chattooga River to Spoonauger Falls and back. Each hike is 2 to 2.5 miles round trip.

There is a pit toilet at the first parking area.

M: 4.5, EG: 400, Rating: M, Drive RT: 100, \$8:00

Hike Leader: Larry Wagoner 864.631.5673

Asst. Leader: Kathleen Roper 864.275.3220

SATURDAY, JAN 14

COLUMBIA - CONGAREE NATIONAL PARK

START TIME 8:00 AM

Meet at Earth Fare Shopping Center on Pelham Road. Park behind the bank.

Loop hike from the ranger station. This is one of the last old growth forests East of the Mississippi and is an internationally recognized birding area. We'll lunch halfway through near the river. Possible dinner stop on way back to Greenville.

M: 8, EG: 0, Rating: M, Drive RT: 225, \$18.00

Hike Leaders: Jeff and Martine Zimmer, 864.354.6100

PISGAH NF - ART LOEB TRAIL. GLOUCESTER GAP TO FARLOW GAP VIA PILOT MTN.

START TIME 8:30 AM

Meet at University Square Shopping Center.

An in and out hike. The hike starts with a 2.5 mile ascent with steep switchbacks the last 1/2 mile to the top of Pilot Mtn. We descend to Deep Gap, then fairly easy going to Farlow Gap for lunch. On the return trip we'll bypass Pilot Mtn and return to the trailhead via trails and a gravel road. MODERATE PACE. Optional dinner stop at Oskar Blues on the way home.

M: 7, EG: 1900, Rating: S, Drive RT: 125, \$10.00

Hike Leaders: Ron and Sharon Blake 864.676.9177

SUNDAY, JAN 15

CAMPBELL MTN VIA MTN. BRIDGE AND PINNACLE PASS – A KEY SWAP

START TIME 1:30 PM, RETURN TIME: 6:00 PM

Rally Point: Parking Area at Ashmore Heritage Preserve at 2:00

From Ashmore Heritage Preserve, the Northbound Leg will hike the Mountain Bridge Passage trail over Campbell Mountain picking up the Pinnacle Passage Trail to US 276. Southbound Leg will hike from the opposite direction and key swap en-route. A new hike combination on some favorite club trails.

Northbound Leg: M: 5, EG: 1400, Rating: MS

Southbound Leg: M: 5, EG: 500, Rating: M

Drive RT: 40 miles, \$3.00, L: 30

Leg Leader: Joe Hayden 864.201.1521

Leg Leader: Ed Marsh 864.414.3486

SATURDAY, JAN 21

JONES GAP - HOSPITAL ROCK, TO PRETTY PLACE, FALLS CREEK TRAIL

START TIME 8:00 AM

Meet at University Square Shopping Center.

Climb up Hospital Rock Trail; to Pretty Place for lunch via the Cleveland connector. Return via Hospital Rock Trail, to Falls Creek Trail down to the Falls Creek Falls trailhead. Shuttle Required from Jones gap to Creek Falls trailhead.

M: 10, EG: 3,000, Rating: VVS, Drive RT: 41, \$3.00

Hike Leader: Paul MacGregor 864.993.3907

SLIDING ROCK TO PALMETTO TRAIL AND HORSE MOUNTAIN

STARTING TIME 8:30AM, RETURN TIME 4:00 PM

Meet Hike Leaders at Holly Springs at 9:00

The hike will begin by viewing Sliding Rock Falls and continues a gradual climb to meet the Palmetto Trail. When we get to Adger Mtn. Road, we will visit the monument honoring the late Franklin Gravely. We will go back to Horse Mountain Cut to meet again with the Palmetto Trail continuing on to Horse Mtn. Trail, Adger Camp Road and cut through to the cars. Short Shuttle required.

M: 8.5 miles, EG: 1700 R: VS, Drive RT: 51, \$4.00

Leaders: Pam Knutson 864.616.4750, Ann Sullivan 864.468.4664

ASHMORE HERITAGE PRESERVE – CHANDLER ROCK

START TIME 10:00 AM

Meet at University Square Shopping Center.

Hike starts on the Mountain Bridge Trail to Persimmon Ridge Road to Chandler Rock and a waterfall.

We will enjoy lunch and the beautiful view. We will return by the same route and circle Lake Wattacoo.

M: 6, EG: 600, Rating: M, Drive RT: 35, \$3.00

Hike Leader: Ed Marsh 864.414.3486

SUNDAY, JAN 22

CONESTEE NATURE PARK - MAULDIN

START TIME 1:30 PM, RETURN TIME 4:00 PM

Meetup location is the park, 840 Mauldin Rd, near the baseball stadium.

We will hike through some of the various trails in the park and experience the different habitats including the three lakes with observation decks, wetlands, the Reedy River, mixed hardwoods, and pines. Restrooms are available at the Pavilion. M: 4, EG: 100, Rating: E

Leader: Trudy Bruns 864.292.6575

SATURDAY, JAN 28

PISGAH - CASE CAMP, SENIARD RIDGE FIGURE 8 (“ICICLES HIKE”)

START TIME 8:00 AM

Form carpools at University Square Shopping Center and meet leader at Pisgah Ranger Station on US 276 about 1 mile north of the intersection of US 276 and US 64 at 9:00 A.M.

Starting at the Case Camp Trailhead on FS 475B we will go West on the Case Camp Trail to the Blue Ridge Parkway. We will cross the Parkway and take the MST, Pisgah Ridge Trail, and a connector trail South to the Graveyard Fields Parking Area and on to Second Falls. We will return on the Blue Ridge Parkway (which will be closed to traffic) and the Seniard Ridge Trail. There should be tremendous ice cycles on the granite walls along the Parkway and possibly snow on the ground. Also, there should be excellent mountain views from the Parkway and close up views of Looking Glass Rock from the Seniard Ridge Trail.

M: 11, EG: 2,900, Rating: VVS, Drive RT: 130 miles, \$10.00

Hike Leader: Sim Wright 803.840.6274

PISGAH - BUCKWHEAT KNOB

START TIME 8:30AM

Meet at University Square Shopping Center.

A beautiful hike for those who want a challenge and diversity of terrain and forest. Begin at Coontree Trail. Connect with Bennett Gap Trail. At Bennett Gap, we'll go over Buckwheat Knob. At Club Gap, we'll go down Avery Creek Trail and return via Bennett Gap Trail.

M: 12, EG: 1,800, Rating: VVS, Drive RT: 110 miles, \$9.00

Hike Leader: Jerry Miller 216.276.2278

SUNDAY, JAN 29

CHATTOOGA TRAIL - 76 BRIDGE TO SANDY FORD

START TIME 10:00 AM, RETURN TIME

Meet at University Square Shopping Center.

Key swap hike from 76 Bridge at Bull Sluice to Sandy Ford Road. Side trip to the rapids and ½ mile hiking along the river.

M: 12, EG: 2,200 upstream, 1,800 downstream, Rating: VVS, Drive RT: 65, \$6.00

Hike Leader: Wayne Garland 864.784.0120

DUPONT - WATERFALL BONANZA

START TIME 1:30 PM, RETURN TIME 6:30

Come and view three magnificent waterfalls in Dupont State Forest. We will hike to Triple Falls, High Falls, and the covered bridge. Then on to Hooker Falls used in the movie “Last of the Mohicans.”

M: 5, EG: 700, Rating: MS, Drive RT: 70, \$6.00

Leader: Steve Root 864.346.3081

SATURDAY, FEB 4

JONES GAP – RIM OF GAP, CLIFF RIDGE

START TIME 8:30 AM

Meet at University Square Shopping Center.

From Jones Gap we will take the Rim of the Gap, John Sloan and Pinnacle Pass Trails to Cliff Ridge and back. This is a very strenuous hike.

M: 12, EG: 2500, Rating: VVS, Drive RT: 50, \$4.00

Hike Leader: Mike Sullivan "Sulli" 864-680-0140

Asst. Leader: Paul MacGregor 864.993.3907

JONES GAP - TOM MILLER/JONES GAP/BILL KIMBALL

START TIME 10:00 AM

Meet at University Square Shopping Center.

We will start at the Raven Cliff Falls parking lot and hike down Tom

Miller to the Jones Gap trail to the Bill Kimball , via Cold Spring Branch.

Then we'll climb and pass under El Lieutenant to rejoin Cold Spring Branch trail and return to the cars.

M: 6, EG: 1,200, Rating: MS, Drive RT: 50, \$4.00

Hike Leader: Michelle Barger 757.647.3617

SUNDAY, FEB 5

CLEMSON EXPERIMENTAL FOREST - FANTS GROVE

START TIME 12:00 PM, RETURN TIME: 5:00 PM

Form carpools at University Square. Meet Hike Leader at Bi-lo, 7709 Hwy 76, Pendleton, SC 29670 at 12:45. We will hike through a mixture of stately pines and rolling pastures stopping along the shores of Lake Hartwell for lunch or a snack.

M: 7, EG: 200, Rating: M, Drive RT: 75, \$6.00

Leader: Lisa Britt, 843.509.9605

Carpool Organizer: TBD

SATURDAY, FEB 11

GORGES - ROCKY KNOB & WINDY FALLS VIA NARROW ROCK RIDGE

START TIME 8:30

Form carpools at University Square at 8:30. Meet Hike Leader at Holly Springs Gas Station RT178/RT11 at 9:00 AM.

Hike starts on Hwy NC281 near Sapphire, NC and west of Gorges SP on an old logging road beside Rocky Knobs and the remains of an old home place then will descend to Narrow Rock Ridge for a unique view of Wendy Falls from the SW. Wendy falls will be approximately .8 of a mile NE and 700 below our route. We will ascend back to the logging road then ascend Rocky Knobs for a view of Lake Jocassee and Lake Keowee. Several steep climbs will make this a challenging day's adventure but the views will be impressive.

M: 8.5, EG: 2800, Rating: VVS

Drive RT: 120 miles, \$10.00, Pre-Hike Registration Required.

Leader: Terry Bolt, Home: 864.225.0322, Cell: 864.934.1257

JONES GAP - RAINBOW FALLS, PRETTY PLACE, HOSPITAL ROCK

START TIME 8:30AM

Meet at University Square Shopping Center.

We will hike along the main rail of Jones Gap to Rainbow Falls Trail, stop at the falls for a short break then climb to Petty Place for lunch. Then on to Hospital Rock and descending back to Jones Gap ranger station.

M: 8 EG: 1700 Rating: VS, Drive RT 40 miles \$3.00 + State Park admission

Leader: Dale Hamann, 864.386.3855

SUNDAY, FEB 12

RIM OF THE GAP - PINNACLE PASS

START TIME: 10:00 AM, RETURN TIME: 6:00 PM

Other hikers can meet us the ranger station at 10:30 AM.

Starting from the Caesars Head Ranger Station, hike follows Frank Coggins, Rim of the Gap, John Sloan and Pinnacle Passage trails to US 276. Shuttle required.

M: 9, EG: 1700, Rating: VS, Drive RT: 50 miles, \$4.00, L: 20,

Leader: Troy Summerell, 864.303.7058

THREE TUNNELS & ISSAQUEENA FALLS

START TIME: 12:00 PM, RETURN TIME 6:00 PM

We begin our hike at the Stumphouse Tunnel (stay on the paved road in the park to the paved parking area), First, we will hike 0.75 miles to Middle Tunnel, then another 2 miles to Saddle Tunnel (mostly underwater). Walking back, we will go to the Issaqueena Falls Overlook. Bold adventurers can scale down a steep path to get photos at the bottom of the falls. We finish our hike by walking all the way to the back wall of Stumphouse Tunnel (bring a flashlight). It is about 50 degrees in the tunnel and will feel good at the end of the hike.

M: 5.5, EG: 400, Rating: M, Drive RT: 110, \$8.00, L: 20

Leader: Larry Wagoner 864.631.5673

SATURDAY, FEB 18

HOSPITAL ROCK TO FALLS CREEK FALLS

START TIME 10:00 AM

We will climb past Falls creek Falls to the top of the mountain, along the ridge, and down past Hospital Rock into Jones Gap. This is a very steep trail both ups and downs. It's a beautiful hike with great views. Short shuttle required.

M: 8 EG: 1800, Rating: VS, Drive RT: 80, \$6.00

Leader: Steve Root 864.346.3081

KEOWEE-TOXAWAY STATE PARK

START TIME 10:00 AM

Meet at University Square Shopping Center.

Starting from the Park Office, follow Natural Bridge Nature Trail to natural bridge over Poe Creek. Connect to Raven Rock Trail. This trail has many short steep ascents and descents, with a stream crossing. A rock bluff affords spectacular view of the lake and HWY 11 bridge.

M: 6, EG: 800, Rating: MS, Drive RT: 65, \$5.00

Hike Leader: Anne Slougher 864.414.0322

SUNDAY, FEB 19

PARIS MOUNTAIN - SULFUR SPRINGS TRAIL

START TIME 12:00 PM, RETURN TIME: 3:30 PM

Meet at Sulfur Springs Trailhead, Paris Mountain State Park
Starting on Sulphur Springs Trail, for a hike of about six miles
M: 6, EG: 1000, Rating: MS, \$0

Leader: Paula Ziegler, 864.921.0665

SATURDAY, FEB 25

PISGAH-LAUREL MT./SLATE ROCK CREEK

START TIME 8:00 AM

Form carpools at University Square Shopping Center. Meet Hike Leader at Pisgah Ranger station.
From Yellow Gap rd, we will hike up Laurel Mt. to the connector trail to Slate Rock, then follow the
tumbling Slate Rock creek back to Yellow Gap Rd. Short shuttle required.

M: 9, EG: 1,400, Rating: S, Drive RT: 140, \$11.00

Hike Leader: Bev Parlier 828.883.9278

Carpool Organizer: TBD

CAESARS HEAD – DISMAL LOOP

START TIME 8:30 AM

Meet at University Square Shopping Center.

Starting from Raven Cliff Parking lot, follow Raven Cliff Falls trail and then descend the Dismal trail to
Matthew's Creek - great views of Raven Cliff Falls connecting to Naturaland Trust Trail. Follow trail
up river and across Matthews Creek on a new bridge (no longer cable crossing) for the ascension to view
the Cathedral and lunch at the Suspension Bridge. From the suspension bridge, the Naturaland Trust
Trail ends, coming to a "T" at Gum Gap Trail which connects back to Raven Cliff Trail and cars.

M: 9; EG: 2,200, Rating: VS, Drive RT: 60, \$5.00

Hike Leader: Anne Slougher 864.414.0322

SUNDAY, FEB 26

HICKORY NUT FOREST - GERTON, NC

START TIME 10:00 AM, RETURN TIME: 5:00 PM

Hickory Nut Forest is on the slopes of Little Bearwallow Mountain and offers a waterfall and a seasonal
waterfall with a massive cliff wall. We will then scramble along a rugged cliff line trail which has lots
of boulder stairs and cliff walls. We will continue a steady climb up the mountain and drop down into a
valley that offers beautiful views and is situated at the base of Bearwallow Mountain.

Meet at meetup site OR meet hike leader off Hwy 74A-- eight tenths of a mile PAST the FLORENCE
NATURE PRESERVE parking area where the chimney is. Go past the chimney and look for abandoned
blue building on right and park in parking lot.

M: 8, EG: 1300, Rating: MS, Drive RT: 110 miles, \$9.00, L: 25

Leader: Kelly Sprayberry, 205.331.6707

Carpool organizer: Barb LaRochelle, 864.382.0676, barb.larochelle@gmail.com

KEOWEE-TOXAWAY STATE PARK

START TIME 1:30 PM, RETURN TIME: 6:30 PM

Meet at University Square Shopping Center. Starting from the Park Office, follow Natural Bridge
Nature Trail to natural bridge over Poe Creek. Connect to Raven Rock Trail. This trail has many short

steep ascents and descents, with a stream crossing. A rock bluff affords spectacular view of the lake and HWY 11 bridge.

M: 6, EG: 800, Rating: MS, Drive RT: 65, \$5.00

Hike Leader: Ineke Cantor 864.510.4540

Co-Leader: Ursula Gibbs 864.630.9383

SATURDAY, MAR 4

TURKEY PEN GAP, SQUIRREL GAP, CANTRELL CREEK LOOP

START TIME 8:30 AM

Meet at University Square Shopping Center.

From Turkey Pen trail head we hike on these trails: South Mills, Pounding Mill, Squirrel Gap, Cantrell Creek, and South Mills back to Turkey Pen.

M: 10 EG: 1,500, Rating: VS, Drive RT: 100, \$8.00

Leader: Lance Renault 864.325.4639

PISGAH-SOUTH MILLS RIVER TRAIL TO WOLF FORD

START TIME 8:30 AM

Meet at University Square Shopping Center.

Beginning off Yellow Gap Rd at the Gaging Station, we will hike to Wolf Ford and back. Lunch at the swinging bridge. Who can find a rail spike on this old railway bed?

M: 10, EG: 400, Rating: MS, Drive RT: 90, \$7.00

Hike Leader: Bev Parlier 828.883.9278

SUNDAY, MAR 5

SLOAN BRIDGE TO GRASSY KNOB & UPPER WHITEWATER FALLS - A SHUTTLE HIKE

START TIME: 12:00 PM, RETURN TIME 6:30 PM

Other hikers can meet us at Sloan Bridge at 1:00 PM.

From Sloan Bridge on Hwy 107, we'll hike the Foothills Trail crossing the SC-NC state line to the lookouts on the Grassy Knob for spectacular views of Bad Creek Reservoir and Lake Jocassee. Then, we will back-track to Round Mtn Gap and take the old FHT down the mountain to view Upper Whitewater Falls. A different approach to a favorite old club hike. Short shuttle required.

M: 6.2, EG: 800, Rating: MS, Drive RT: 112 miles, \$8.00, L: 25

Leader: Joe Hayden 864.201.1521

Asst. Leader: Larry Ray 864.784.7304

SATURDAY, MAR 11

DUPONT - 12 MILER, FOUR WATERFALLS AND THREE LAKES

START TIME 8:30 AM

Meet at University Square Shopping Center. This will be a loop hike starting at the Lake Imaging parking area and will include Lake Imaging, Grassy Creek Falls, Lake Dense, Lake Julia, High Falls, Triple Falls and Hooker Falls. Short shuttle. Moderate pace.

M: 12, EG: 1400, Rating: VS, Drive RT: 80, \$6.00

Hike Leaders: Ron and Sharon Blake 864.676.9177

PISGAH: SUNBURST - GREEN KNOB - HAYWOOD GAP TRAIL

START TIME 8:00 AM

Meet at University Square Shopping Center. Green Knob is a open bald, elevation right around 5,900 feet. The trail from Sunburst Campground gains 3,200 feet in 3.5 unrelenting uphill miles. From Green Knob, continues south to great views at Cherry Point and connect to the Mountains to Sea Trail. Follow MTS trail to Haywood Gap trail. This section included a long, steady downhill stretch that followed Grassy Ridge Branch downstream to its junction with the Middle Prong River.

M: 13, EG: 3,200, Rating: VVS, Drive RT: 150, \$12.00

Hike Leader: Jerry Ellsworth 864.266.9940

Asst. Leader: Paul MacGregor 864.993.3907

SUNDAY, MAR 12 – DAYLIGHT SAVING TIME STARTS

LONG CREEK- CHAUGA NARROWS AND FALL CREEK FALLS

START TIME: 10:00 AM, RETURN TIME: 6:00 PM

Other hikers can us at Wendys, 965 US 123, Seneca, SC 29678 at 11:00 AM

Hike starts on a short trail leading to Chauga Narrows. The final descent to the river is quite challenging and requires some scrambling; however, the view on the rocks above the narrows is spectacular. We will then drive over to Fall Creek and follow a two mile downstream path to Fall Creek Falls, a multi-tiered waterfall deep in the woods near the Chattooga River. Again, this path is rather difficult in some sections with scrambling required.

M: 5, EG: 800, Rating: MS, Drive RT: 125 miles, \$10.00, L: 15

Leader: Joe Hayden, 864.201.1521

CAESARS HEAD - RAVEN'S CLIFF VIA SHORT CUT

START TIME: 12:00 PM, RETURN TIME 4:30 PM

Form carpools at University Square. Meet Hike Leader at Caesars Head parking lot. We'll take the Sunset Rock Trail and turn left on the Natureland Trail. Then go down a huge gully to the Bridge and then just beyond to a rock overhang for break! Back the same way.

M: 4, EG: 500, Rating: M, Drive RT: 50 miles, \$4.00

Leader: Lisa Britt, 843.509.9605

Carpool Organizer: TBD

SATURDAY, MAR 18

ANNUAL GENERAL MEETING (AGM) - THE LODGE, CAMP GREENVILLE

100 YMCA Camp Road, Cleveland, SC 29635

Our club tradition is to start this special day with a morning of hiking followed by a meal, a short business meeting and speaker. Our meal, Crock Pot Delight, with chili, soups, and chowders has become a club favorite for this event.

Both hikes will form carpools at University Square at 8:30 AM.

RAVEN CLIFF FALLS – THE CATHEDRAL

Hike starts at Raven Cliff Falls parking to the Suspension bridge over Raven Cliff Falls and onward to The Cathedral, a beautiful 200' rock face, and returns by the same route. We will then drive to Camp. Those hikers bringing crocks and deserts can pass your food to those going on the other hike for transport to camp.

M: 7, EG: 600, Rating: MS, Drive RT: 72, \$6.00

Hike Leader: David Bennett 216.835.8493

CAMP GREENVILLE TO RAINBOW FALLS

Hike follows the Rainbow Falls trail down the mountain to the falls and back. This is a strenuous hike with rope assists. A good workout followed by a hot meal afterwards.

M: 3, EG: 900, Rating: MS, Drive RT: 72, \$6.00

Hike Leader: Bob Arnold 864.723.4363

HIKERS AND NON-HIKERS WILL MEET AT CAMP GREENVILLE AT 1:00 PM

1:00 PM - CROCKPOT DELIGHT

Whether you hike or not, everyone is invited to join us for a hot meal before the business meeting. The hot menu will be entrees served from a crock pots: soups, chilies, and chowders. Club will provide the house salad and beverages. Members are welcome to give desserts. Club members are encouraged to bring crocks or desserts to share.

2:00 PM - 49th ANNUAL GNHA BUSINESS MEETING

Business meeting and election of board members followed by our speaker.

Come out and enjoy a full day of activities and support our club with your presence. The meeting will wrap up about 3:30 PM. We will need volunteers to set-up and tear-down afterwards.

SUNDAY, MAR 19

CHATTOOGA RIVER – CHERRY HILL CAMPGROUND TO BUCK KNOB

START TIME 8:30 AM, RETURN TIME: 5:00 PM

Form carpools at University Square Shopping Center, then meet hike leader at Holly Springs Gas Station (RT11 & RT178) at 9:15 am. We'll begin at Hwy 107 just below Cherry Hill Campground and hike 2.8 miles to junction of Chattooga/Foothills Trail. Then we'll go north to King Creek Falls (near Burrell's Ford campground) where we'll have lunch. We will then view Spoon Auger Falls and turn east on Foothills Trail (Chattooga continues north) till we exit on Fish Hatchery Road. Short shuttle required.

M: 10, EG: 800, Rating: S, Drive RT: 130, \$10

Hike Leader: Dave Bennett 216.835.8493

SATURDAY, MAR 25

PISGAH - PRESSLEY COVE / BLACK MT. / CLUB GAP

START TIME 8:30AM

Meet at University Square Shopping Center. A very strenuous hike with lots of challenging elevation changes. Pressley Cove trail is a steep trail, gaining almost 900 feet in elevation over the course of just over one mile. It winds through a beautiful cove of laurel, hemlock, and beech trees. Along the entire route, one is treated to gorgeous views of the cove, and as you get higher, ridges off to the west.

M: 11, EG: 3,000; Rating: VVS; Drive RT: 105, \$8.00

Hike Leader: Mike Sullivan "Sulli" 864-680-0140

NORTH CAROLINA - TABLE ROCK

START TIME 7:30 AM

From the parking lot at TR NC Campsite we will take the trail through the Chimney's to an overlook. We will return on the same trail past the parking lot to the main trail to the summit of TR. On the way down we will take two side trails. One goes to Devil's court house where we will have lunch. Another side goes to a cave. Then we go to little TR where there is a view of the river below on a clear day. Then

we have the option to go to the summit of Hawksbill. This is a short climb to the best views of TR and Short off mountains.

M: 10, EG: 1,500; Rating: VS (To be updated after pre-hike); Drive RT: 260, \$21

Hike Leader: Troy Summerell 864.303.7058

SUNDAY, MAR 26

RAVEN CLIFF FALLS LOOP - COUNTER-CLOCKWISE

START TIME: 10:00 AM, RETURN TIME 5:00 PM

We will park in the Raven Cliff Falls Overflow Access and hike down Geer Hwy and take the short-cut path to Gum Gap and Naturaland Trust Trails to the suspension bridge. After our break, we will continue on the Naturaland Trust Trail pass "The Cathedral," across Matthews Creek and make the steep climb up the Dismal Trail and finish on Raven Cliff Falls trail back to parking to complete our loop.

M: 6.5, EG: 1600, Rating: S, Drive RT: 50 miles, \$4.00, L: 20

Leader: Elizabeth Brown 954.294.8838, libertb@aol.com

Co-Leader: John Shefchick 203.913.2765

CHESTNUT RIDGE NATURE PRESERVE

START TIME: 1:30 PM, RETURN TIME 6:30 PM

From the parking area on Old Grove Road, the trail leads us up the south side and over Squirrel Mtn. and descends to the South Pacolet River. The trails passes through various forest habitats. Large boulders, outcrops, and early spring wildflowers add to the fun.

M: 6, EG: 800, Rating: MS, Drive RT: 50, \$4.00

Leader: Trudy Bruns, 864.292.6575

Co-Leader: Pamela Leverett, 864.421.0022, kidee@msn.com

SATURDAY, APR 1

JONES GAP - MOUNTAIN BRIDGE, PINNACLE PASS, OIL CAMP CREEK

START TIME 8:30 AM

Meet at University Square at 8:30. Begin on Hwy 276 at the old Civitan Camp and hike in the Mountain Bridge Passage Trail #23 to Pinnacle Pass #20 going down Oil Camp Creek and then up to the overlook for nice views and back out. Strenuous climb up Oil Camp Creek trail.

M: 13.4, EG: 3,200, Rating: VVS, Drive RT: 50, \$4.00

Hike Leader: Michelle Barger 757.647.3617

FOOTHILLS TRAIL MAINTENANCE DAY AT WHITEWATER FALLS

START TIME 8:30 AM

Meet at University Square at 8:30, Holly Springs Store at 9:10, or Whitewater Falls parking area at 9:45. Join the Foothills Trail Conference, NC Forest Service, and REI to help maintain a section of the FHT in the Whitewater Falls area, which is recovering from one of the fall 2016 wildfires. Tools will be provided. Please bring work gloves.

M: 3, EG: 1500, Rating: S, Drive RT: 100, \$8.00

Maintenance Leaders: Cathy Reas Foster 864.202.5062 catreas@charter.net(GNHA), Heyward Douglass (FTC)

OCONEE BELL HIKE WITH DAN WHITTEN

START TIME 10:00 AM

Meet Dan at Holly Springs at 10:30AM. Carpool to Laurel Fork Gap to begin hiking 4 -mile in-and-out hike using Foothills Trail in and the Laurel Fork road out to see the Oconee Bells in bloom with a rare pink patch as the feature. Many creek crossings on the return so a change of footwear is recommended. Also, an optional bonus of Virginia Hawkins Falls for another ½ mile of walking on a side trip. This hike will be led by Master Naturalist, Dan Whitten, current President SCNPS.

M: 4, EG: 600, Rating: M, Drive RT: 18, \$2

Hike Leader: Dan Whitten (SCNPS),

Carpool Organizer: Mary Simms Gregory (GNHA), Home: 864.288.3323, Cell: 864.313.6442

SUNDAY, APR 2

ASHMORE HERITAGE PRESERVE – CHANDLER ROCK

START TIME 1:30 PM, RETURN TIME 6:30 PM

Hike starts on the Mountain Bridge Trail to Persimmon Ridge Road to Chandler Heritage Preserve for lunch and a beautiful view. We will return by the same route and circle Lake Wattacoo; hopefully, we'll find the trilliums and pitcher plants in bloom.

M: 6, EG 600, Rating: M, Drive RT: 35, \$3.00

Hike Leader: Elizabeth Brown, 954.294.8838, Libertb@aol.com

MONDAY, APR 2

GNHA Hiking Board Meeting

Greenville Main Library - 25 Heritage Green Pl, Greenville, SC 29601

Times: 6:30-8:30 PM

SATURDAY, APR 8

BLACK MOUNTAINS - WINTER STAR VIA DEEP GAP AND COLBERT RIDGE TRAIL

START TIME 8:00 AM

Trailhead Location: Carolina Hemlocks Campground

Winter Star (6212') is an exciting spring hike with a climb over 3000 ft. from Carolina Hemlocks Recreation area up Colbert Ridge to Deep Gap, onto the summit and return. From rock outcroppings we will enjoy outstanding views of the Blacks, South Toe River valley, the Roans and Grandfather Mtn.

M: 9, EG: 3,200, Rating: VVS, Drive RT: 200, \$16.00

Hike Leader: Jerry Ellsworth 864.266.9940

Asst. Leader: Paul MacGregor 864.993.3907

COVE CREEK/DANIEL RIDGE, PISGAH NF

START TIME 8:30 AM

Meet at University Square Shopping Center

We will combine two hikes - Starting first with the Caney Bottom/Cove Creek Loop. Then we take a connector trail to the Daniel Ridge Loop, stopping for lunch at the waterfall on the Daniel Ridge Trail. Pretty hike with comfortable trails. One hour drive from University Square

M: 10.4 EG: 1900 Rating: VVS, Drive RT: 140 miles \$11.00

Leader: Lance Renault 864.325.4639

SUNDAY, APR 9

FLORENCE NATURE PRESERVE - TO COW PASTURE

START TIME 10:00 AM, RETURN TIME 5:00PM

We will hike the Florence Nature Preserve owned by Carolina Mountain Land Conservatory to Little Pisgah Mountain.

M: 7.3, EG: 1350, Rating: MS, Drive RT: 100, \$8

Leader: Barb LaRochelle, 864.382.0676, barb.larochelle@gmail.com

CAMP OLD INDIAN - OLD INDIAN MOUNTAIN

START TIME 12:00 PM, RETURN TIME 4:00 PM

Hike will start at Camp Old Indian Boy Scout camp and follows the trail up Old Indian Mountain. You'll enjoy a scenic winter view from the top. We will return by East Perimeter Trail to view a waterfall and the scenery around the three lakes. Anne reports this hike has a very steep beginning.

M: 4, 1300 EG, R: MS, Drive RT: 50, \$4.00

Leader: Anne Nixon 864.242.1767

SATURDAY, APR 15

HIGHLANDS, NC - 3-FORKS RIVER

START TIME 8:00 AM. Meet Hike Leaders at Holly Springs Store at 8:40 AM

Three Forks from Hwy 28, south of Highlands, NC

We will hike to Three Forks, where three rivers meet and showcase waterfalls and cascades forming the West Fork of the Chattooga River with stops at Overflow Creek Falls and Big Creek Falls. Please contact a hike leader on Meetup before this hike.

M: 12, EG: 2800, Rating: VVS, Drive RT: 140, \$11, Limit: 14

Hike Leaders: Warren Keene 864.836.3377

Asst. Hike Leader: Cathy Reas Foster 864.202.5062

FOOTHILLS - SASSAFRAS TO ROUNDTOP MOUNTAIN ROAD

START TIME 8:30 AM, Meet Leaders at Holly Springs Country Stone (SC 11/US 178) at 9:00

This hike starts at Sassafras and follows the Foothills Trail past the Cantrell Home Place to Rock Mountain Road where we will hike across Rock Mountain for a view of Roundtop Mountain Road. We then backtrack a short distance and head northwest to Roundtop Mountain Road for a view of Rock Mountain. The hike will end near Poplar Hollow Road where we will shuttle back to Sassafras Mountain.

M:7, EG: 700, Rating: M, Drive RT 85 miles \$7, L:15

Hike Leader: Terry Bolt 864.225.0322

S.C. BOTANICAL GARDENS AT CLEMSON

START TIME: 12:00PM

We will walk the Camelias/ wildflower and Azalea trails, see the natural sculpture and visit the Fran Hanson Discovery Center. If you wish to visit the Historic Hanover House C1716 (\$3 donation).

M: 3, EG: 100, Rating: E, Drive RT: 70, \$6

Hike Leader: Joanna Legg 407.558.9376

Carpool Organizer: TBD

SUNDAY, APR 16 – EASTER SUNDAY

No hikes planned

FRIDAY, APR 21- SUNDAY, APR 23

BULLS ISLAND HIKE/BIKE THE PALMETTO/AWENDAW CAMPOUT

Arrive Friday, Car camp BUCK HALL RECREATION AREA, Buckhall Landing Rd, McClellanville, SC 29458 (or local hotel)

Friday - Dinner Seewee Restaurant, Awendaw

Saturday - Ferry Ride to Bulls Island 9am Departure-4pm return

After 50 minute naturalist-led boat ride through the saltwater estuary we will be dropped on this 5,000 acre remote barrier island to explore 16 miles of trails and 7 miles of beaches. Saturday Dinner: Mt Pleasant and dine at The Wreck at Shem Creek. Sunday-Bike Palmetto Trail - Buck Hall Rec Area to Swamp Fox Passage of the Palmetto, 15 miles off-road bike ride from Buck Hall to Harleston Dam, shuttle required. Bring your own bicycle.

Leader: Elizabeth Brown 954.294.8838, Libertb@aol.com

or

Walk Mt Pleasant Beach and Lunch - **Leaders:** Angie and Joe

Drive RT: 500 miles, \$40.00

Saturday: M:15+/-, EG 10, Rating: MS-S

Sunday: Bike; M:15, EG: 100, Rating:MS

Walk; M: 4+/-, EG: 0, Rating: E

SATURDAY, APR 22

PISGAH - GREEN KNOB LOOP FROM SUNBURST

START TIME 8:00 AM

Form carpools at University Square Shopping Center and meet Hike Leader at Commuter Parking Lot on north side of US 64 about .1 mile west of intersection with US 178 north of Rosman, NC. at 9:00. From the Sunburst Campground we will climb south on the Green Mountain Trail to Green Knob for lunch. We will continue on the Green Mountain Trail to the first saddle past Green Knob and then do an easy bushwack down to the Buckeye Gap Trail. We will return on the Buckeye Gap and Heyward Gap Trails. There are outstanding mountain views along the Green Mountain Trail and from Green Knob. Part of the Heyward Gap Trail will be along the Middle Prong of the West Fork of the Pigeon River. This is a wilderness hike limited to 10. Contact the leader to reserve a place.

M: 9, EG: 3,225, Rating: VVS, Drive RT: 150, \$12.00

Leader: Sim Wright 803.840.6274 , simwrightjr@msn.com

PISGAH - FORK RIDGE TRAIL TO TENNENT MT AND BLACK BALSAM KNOB

START TIME 7:30 AM

Form carpools at University Square Shopping Center. Sunburst to forest service road 816 using Fork Ridge trail to Tennent Mt and Black Balsam Knob using the Art Loeb trail to service road 816. Hike starts with a river crossing and a steep and continuous climb up to Ivestor Gap and onto Tennent Mt and Black Balsam Knob. A great challenging hike in the Shining Rock Wilderness Area. Limited to 10 hikers.

M: 10, EG: 4,200; Rating: VVS; Drive RT: 125, \$10

Hike Leader: Paul MacGregor 864.993.3907

SUNDAY, APR 23

GREEN RIVER GAMELANDS PLUS BIG BRADLEY FALLS

START TIME 10:00 AM, RETURN TIME 6:30 PM

Form carpools at University Square Shopping Center. This hike will start at the bridge on Green River Cove Rd. and provide an opportunity to experience most of the trails in the Game Lands. Lunch will be on the rocks along the Green River with a possibility to see some kayakers in action, and the return is a stroll along the river. Additional hike to Big Bradley Falls - is a really nice 75' waterfall tucked in a small gorge on Cove Creek.

M: 12, EG: 1,600, Rating: VS, Drive RT: 85, \$7

Hike Leader: Jerry Miller 216.276.2278, grmohioeng@aol.com

ROCKY BOTTOM – EASTATOE GORGE

START TIME 12:00 PM, RETURN TIME 5:00 PM

A beautiful wildflower hike with rapids through a natural sluice called: "The Narrows." Great scenery from the viewing platform.

M: 6, EG 600, Rating: MS, Drive RT: 80 miles, \$6.00

Leader: Cindy Wells, 864.430.7471, cwells5@charter.net

Carpool Organizer: TBA (Why does Cindy need a CPO? JH)

SATURDAY, APR 29

CHATTOOGA RV--BURRELLS FORD TO SIMS FIELD

START TIME 8:30 AM

Form carpools at University Square Shopping Center and Meet up with Hike Leader at Burrells Ford at 9:15. Trailhead is at Burrells Ford Campground, Mountain Rest, SC. From Burrells Ford access, we will follow the Foothills Trail to Sims Field, an old homesite. After lunch by the shoals, we will return the same way.

M: 10, EG: 400; Rating: MS, Drive RT:130, \$10

Hike Leader: Bev Parlier 828.883.9278

DUPONT - THREE LAKES

START TIME: 10:00 AM, RETURN 4:30 PM

Other hikers can meet the leader at High Falls Access at 10:45.

This hike begins on the new trail to High Falls and crosses the covered bridge. Lunch will be on the shores of Lake Dense with a close-up view of Joanna Mtn. Afterwards we will hike to Lakes Alford and Julia where we will see the spillway and cross the dam of Lake Julia. A great hike!

M: 5.5, EG: 500, Rating: MS, Drive RT: 70 miles, \$5.00, L: 15

Leader: Mary Simms Gregory, Home: 864.288.3323, Cell: 864.313.6442

SUNDAY, APR 30

PEAK TO PROSPERITY - PALMETTO TRAIL

START TIME 10:00 AM, RETURN TIME 6:00 PM

Meet at Earth Fair, 3620 Pelham Road , Greenville, SC or meet hike leader at trailhead Wilson's Grocery, 5941 US Highway 176, Pomaria, SC @ 11:00.

This passage of the Palmetto Trail is a flat route that skirts for 14 miles through Peak, SC to Prosperity, SC. We will begin at the Pomaria, SC trailhead and travel 6.5 out and back for 13 miles. The trail

crosses 8 wooden trestles and the highlight of the passage is the Broad River trestle, which spans for 1,100 feet and provides beautiful views.

M: 13, EG: 0, Rating: M, Drive RT: 140, \$9.00, L: 25

Leader: Kelly Sprayberry, 205.331.6707

Carpool organizer: TBD

NORTH CAROLINA ARBORETUM

START TIME: 1:30 PM, RETURN TIME 7:00 PM

This loop hike is mostly on old roads along Bent Creek and around the N. C. Arboretum. On the loop back to the cars we will walk a beautiful trail through blooming rhododendrons (we hope). We will also visit the gardens of the Arboretum.

6 miles, 400 EG, R: M, Drive RT: 100, \$8.00

Leader: Sue Taylor 864.293.1665